

Prettytough

Pretty tough is redefining what it means to be female by flipping the script. we push limits, search for adventure and create social change. more than a brand about female empowerment, pretty tough is a movement that encourages girls to embrace their inner strength. with dalila ali rajah, adelaide kane, crystal young, matthew florida. set in the privileged and picturesque world of malibu, california, pretty tough centers on charlie and krista brown, two sisters at opposite ends of the popularity spectrum, who must learn to play together on the sports field and in life. pretty tough was a great book to read because of its mature theme. krista, the older sister was thought to be perfect by her little sister, charlie but she was actually facing a lot of her own problems. guide has every full episode so you can stay-up-to-date and watch your favorite show pretty tough anytime, anywhere. latest tweets from prettytough™ (@prettytough). epic, ass-kicking chicks. we're redefining what it means to be a girl. los angeles. this is the one class that i look forward to going back to. great exercises that keep changing and keep you thinking together with a really great group of people! gemma really plans the sessions and keeps the group motivated.

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